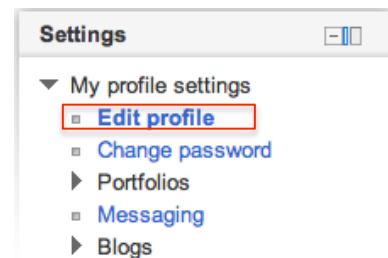


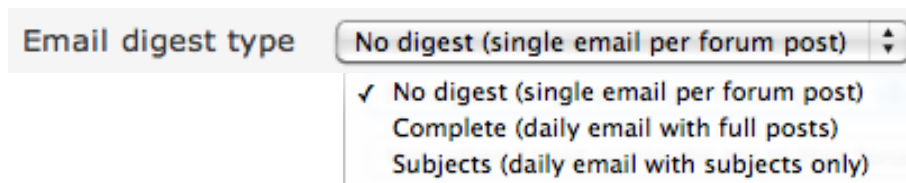
## How to change your email digest in Moodle

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1. Log in to Moodle
2. Go to **Edit profile** under the **Settings** heading



3. To change your email digest type go to **Email digest type** and click on the drop down bar. This will give you options as to how you would like to receive emails of posts from the forums you have subscribed to.



4. When you have finished scroll down and click **Update profile** at the bottom of the page.